# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

# COURSE OUTLINE

Course Title	HOME CARE SUPERVISION		
Code No.:	ED 405-2		
	INFANT/TODDLER CARE AND EDUCATION		
Program:	SECOND		
Semester:	FEB. 11 - MAR. 8 and MAR. 18 - APR. 12, 1985		
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	New: Revision:		
APPROVED:	M/6m N. KOCH 1993 05 07		

ED 405-2 HOME CARE SUPERVISION COURSE OUTLINE Instructor: Juanita Wood-Arbus (Office: E472)

# COURSE GOALS:

To provide students with an understanding of what constitutes quality Family Home Day Care; to learn the Ontario Day Nurseries Act regulations with respect to home day care; and, to develop an understanding of the principles of home day care supervision.

## COURSE DESCRIPTION:

The essentials of care, guidance and education of the infant/toddler in the home setting will be studied. In addition this course will deal with the significant aspects of home day care supervision, as well as with principles of home visiting. Methods of supporting and helping parents to plan for home care and optimizing environmental conditions for promoting infant/toddler development will be learned.

#### COURSE OBJECTIVES:

Students will demonstrate an understanding of the regulations pertinent to private home day care, of the necessary components of quality home caregiving, and of the principles of home care supervision.

#### METHODOLOGY:

Through class lectures, discussions, assigned handouts and readings, students will obtain sufficient knowledge pertaining to the various aspects of private home day care.

# METHOD OF ASSESSMENT:

Students will prepare a binder of resource material and information relating to the various aspects of home caregiving. Relevant material should focus on the following topics:

- Day Nurseries Act regulations
- Responsibilities of the caregiver
- Significant aspect of child development appropriate expectations
- Child management techniques (limit setting, etc.)
- Developmentally appropriate activities for children at home
- Nutrition and Safety Procedures
- Positive child-adult relationships
- Parent-caregiver rapport

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- Daily Schedules
- Suggested equipment and supplies list
- Budgeting, licensing and administration
- Handout summarizing important points for caregivers

Evaluation will be based on organization of the resource binder, quality of presentations and clarity of thought, and format of the project.

#### SUGGESTED REFERENCES:

- 1. The First Three Years of Life, White, Burton L.; Prentice-Hall Inc., 1975.
- 2. <u>Infancy: World of the Newborn</u>, Richards, Martin; New York: Harper and Rowe Publishers, 1980.
- 3. <u>Knowing and Enjoying Your Baby</u>, Sroufe, Alan; Englewood Cliffs: Prentice-Hall Inc., N.J., 1977.
- 4. The First Relationship, Bruner, Cole and Lloyd; Cambridge: Harvard University Press, The Developing Child Series, Massachusetts, 1977.
- Infants and Mothers: Differences in Development, Brazelton,
   T. Berry; New York: Delta Books, Dell Publishing Inc., N.Y.,
   1969.
- 6. Toddlers and Parents, Brazelton, T. Berry; New York: Delta Books, Dell Publishing Inc., N.Y., 1974.
- 7. Caring for Infants and Toddlers: What Works, What Doesn't, Vol. 2, Lurie, Robert, and Neugebauer, Roger (eds.); Washington: Child Care Information Exchange, Redmond, 1982.

#### REQUIRED TEXTS:

- 1. Your Baby and Child: (from Birth to Age Five), Leach, Penelope; Knopf, New York, 1984.
- Caring for Other People's Children: A Complete Guide to Family Day Care, Alston, Frances Kemper; University Park Press, Baltimore, 1984.

# SYLLABUS:

This course will be taught over two sessions this semseter. It will be offered 2 hours weekly over a total of 8 weeks for a total of 16 class hours.

Session I - February 11th to March 8th, 1985 inclusive

# Week 1

Read "Caring for Other People's Children" - Chapters 1, 2, 3 and 4

Discussion in class:

- understanding what family day care is

- evaluating a home day care mother

- What do parents look for in the family day care home? (play space, rest areas, sick bay, privacy, hygienic standards, safety, emergencies, toys, books and play, school-aged children)

- Day Nurseries Act regulations

Assignment: Purchase 3-ring binder for resource material and information relating to home day care.

#### Week 2

Read "Caring for Other People's Children" - Chapters 5, 6, 7 and 8

Discussion in class:

- significant aspects of child development appropriate expectations
- developmentally-appropriate activities for children at home

#### Assignment:

- 1. Plan a day for a toddler beginning with his/her arrival at 7:30 am until he/she is picked up by his/her parent at 5:30 pm. Include the following:
  - (a) meals and snacks
  - (b) activities
  - (c) rest
  - (d) toileting
  - (e) anything else (outings, etc.)
- Try the plan with a toddler. Evaluate the plan (what happened and did it work?).

ED 405-2 HOME CARE SUPERVISION COURSE OUTLINE Instructor: Juanita Wood-Arbus (Office: E472) young child would learn from the activity.

# Week 3

Read "Caring for Other People's Children" - Chapters 9, 10, 11 and 12

#### Discussion in class:

- child management techniques (limit setting, discipline, etc.)
- nutrition and safety procedures

#### Assignment:

Resource Home Day Care Binders due with first four topics completed. Binders will be reviewed in class and evaluated by group and instructor.

#### Week 4

Read "Caring for Other People's Children" - Chapters 13, 14, 15 & 16

#### Discussion in class:

- parent-caregiver rapport
- positive child-adult relationships

# Assignment:

Continue work on Resource Binders

# Week 5 (March 18th)

Read "Caring for Other People's Children - Chapters 17, 18, 19 & 20

# Discussion in class:

- Daily schedules
- Suggested equipment and supplies list

# Assignment:

Resource Binders due, with next four topic areas completed. Again, the binders will be reviewed and evaluated in class.

# Week 6

Read: Handouts

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#### Discussion in class:

- Budgeting, licensing and administration

- Handout summarizing important points for caregivers

#### Assignment:

Each student will prepare 6 activities for children (2 infant activities and 2 toddler activities and 2 pre-school-first grade activities) to be shared in class. These activities can be combined and used in the resource binders for a total of 36 activities for children. Additional activities may be included at student discretion and of course additional efforts should receive due credit when evaluated.

#### Week 7

#### Handouts:

#### Discussion in class:

- How to talk with home day care mothers/parents

Evaluation, guidance of, and planning with, home day care personnel

- utilizing information from "Methods in Parent Support"

# Assignment:

Hand in Resource Binder with all topic areas completed (except Week 7's topics).

#### Week 8

Prepare information on previous week's discussions - evaluating and planning with home day care personnel - and include in Resource Binder.

Final grading session by group.

Evaluation will be ongoing. The Resource Binder will account for the majority of marks and will be evaluated by the group and the instructor.

Resource Binder	70%
Class Participation	10%
Other assignments	20%

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